



# What I Need to Know About Remote Monitoring for My Implanted Cardiac Device

Remote monitoring is a partnership between you and your cardiac clinic. Ensuring that your device is connected and sending data regularly will give your physician the information they need to provide you with the best-possible care.

Keep this guide near your home monitor so you and your family can access the information.

## How Does My Remote Monitor Work?



### Doctor's Orders

You have been enrolled in the Remote Monitoring Program for your implanted cardiac device by your clinic.



### Get Connected

Your device must be paired to your home monitor or remote monitoring Smartphone app.



### Connectivity is Key

**For bedside remote monitoring:** plug the monitor in within 6 feet of where you sleep and keep it plugged in at all times.  
**For Smartphone app:** keep the app open in the background with Bluetooth on at all times.

## Three Remote Monitoring Processes



### Routine Transmissions

Most remote monitoring devices send routine and alert-triggered data transmissions daily. This ongoing monitoring helps us track your health status and adjust your care plan. Your clinic bills insurance monthly or quarterly depending on your device type.



### Manual Transmissions

If your remote monitoring device requires manual transmissions, we will provide instructions and a schedule for when to send them.



### Alert Transmissions

The remote monitor scans for alerts such as abnormal heartbeat or device issues every night. If any alerts are detected, they are automatically sent to the remote monitoring clinic for processing the next business day. The clinic will contact you if necessary.

# Expectations for Remote Monitoring Services

## What Your Clinic Will Do

- Monitor your alerts and take action when necessary
- Contact you to submit a manual transmission if needed
- Contact you if your remote monitor is disconnected
- Bill insurance for services rendered.

## What You Will Do

- Set up home monitor within 6 feet of where you sleep OR set up Smartphone application
- Leave the monitor plugged in at all times to ensure prompt transmission of information OR keep the remote monitoring Smartphone app open in the background at all times
- Inform the clinic if you will be away from your monitor for more than two weeks
- See physician in-person at least once per year
- Contact insurance directly with billing questions.

## Patient Agreement

My signature below shows I have read and understand the remote monitoring process and I know what is expected of me and what I can expect from my clinic.

\_\_\_\_\_

*patient signature*

Date: \_\_\_\_\_

## Who Do I Contact With Questions or Concerns



**In an Emergency:**  
**Call 911**

**For device or monitor-related questions  
call your clinic:**

Clinic Name: \_\_\_\_\_

Physician Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_